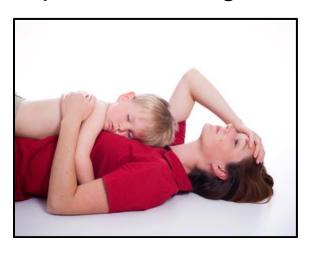
## Strong-Willed Child (SWC) Emergency Kit

# Quick Steps for Avoiding a Meltdown



#### 1. Back Off.

Get some space between you and the SWC to gain some perspective.

#### 2. What's the Point?

Is there another way for the SWC to accomplish the goal?

### 3. Be Honest.

Shoot straight with the SWC and ask for a do-over if necessary.

For more details and immediately useful tips, read:

You Can't Make Me (But I Can Be Persuaded), Revised and Updated Edition: Strategies for Bringing Out the Best in Your Strong-Willed Child [Paperback] by Cynthia Ulrich Tobias, Waterbrook Publishing.

