

Learning Styles: An Annotated Introductory Bibliography for Parents and Educators
Revised and Updated 2014



Armstrong, Thomas. *In Their Own Way: Discovering and Encouraging Your Child's Multiple Intelligences.* NY: Penguin Putnam, Revised and Updated 2000.

A practical, encouraging book for parents and teachers, this will provide you with insights and strategies for helping children understand how they are smart and appreciate how they are designed.

Armstrong, Thomas. *The Myth of the A.D.D. Child: 50 Ways to Improve Your Child's Behavior and Attention Span Without Drugs, Labels or Coercion.* New York: Dutton Books, 1995.

A former special education teacher, Dr. Armstrong provides fifty practical, positive ways to help that child who has been labeled ADD. His heartfelt and well-researched position is that ADD does not exist; that the children who experience behavior and attention problems are healthy human beings with a different style of thinking and learning.

Armstrong, Thomas. *7 Kinds of Smart: Identifying and Developing Your Multiple Intelligences.* NY: Penguin Putnam, 1999.

A revised and updated volume of Armstrong's first edition—this one includes a practical and informative explanation of Gardner's two newest intelligences: Naturalist and Existential.

Barbe, Walter B. *Growing Up Learning.* Washington, D.C.: Acropolis Books, 1985.

Although this book is currently out of print, you'll find your trip to the library to read it will be well worth your while! The former editor of Highlights Magazine shares a wealth of information about auditory, visual and kinesthetic modalities. You'll find age-appropriate checklists, and dozens of suggestions for helping your child learn in many different ways.

Breggin, Peter R. and Ginger Ross Breggin. *The War Against Children: How the Drugs, Programs, and Theories of the Psychiatric Establishment Are Threatening America's Children With a Medical "Cure" for Violence.* New York: St. Martin's Press, 1994.

A psychiatrist who has taken a stand against the use of medication for social control of children and their behaviors. He and his wife have written this compelling book, providing a host of alternative measures for fulfilling the genuine and often inconvenient needs of children.

Breggin, Peter R. *Talking Back to Ritalin: What Doctors Aren't Telling You About Stimulants For Children.* Cambridge, MA: Perseus Publishing, Revised Edition, 2001.

According to Dr. Breggin, most doctors can't tell you the truth about drugs for treating your children's behavior; even doctors haven't been told the truth about the drugs they prescribe. In this compelling book, Dr. Breggin shows why our children need education not medication.

Chess, Stella and Alexander Thomas. *Know Your Child: An Authoritative Guide for Today's Parents.* NY: Basic Books, 1987.

A credible and enlightening look at research that demonstrates with compelling results how a child's temperament and individual differences determine a "goodness of fit" with their world.

Cline, Foster and Jim Fay. *Parenting with Love and Logic: Teaching Children Responsibility.* CO: Pinion Press, 1990.

If you want to raise kids who are self-confident, motivated and ready for the real world, take advantage of this win-win approach to parenting. The information in this book can not only revolutionize your relationships with your children, but can also put the fun back into parenting!

Diller, Lawrence H., M.D. *Running on Ritalin: A Physician Reflects on Children, Society, and Performance in a Pill.* NY: Bantam Books, 1998.

As a pediatrician and family therapist, Dr. Diller presents a compelling, credible, common sense look at the controversial issue of medication and A.D.H.D. diagnoses in children.

Fay, Jim and David Funk. *Teaching With Love and Logic: Taking Control of the Classroom.* Golden, CO: Love and Logic Press, 1995.

This book will give you practical solutions to the day-to-day frustrations and challenges common in today's classroom. Following these tried-and-true techniques can reduce the time and energy you spend maintaining discipline in the classroom, and let you put some fun back into teaching.

Glasser, William, M.D. *The Quality School: Managing Students Without Coercion.* NY: Harper Collins, 1998.

Dr. Glasser's often controversial concept of a quality school where there is no failure because all students are doing competent work and are doing quality work.

Glenn, H. Stephen, Ph.D., and Michael L. Brock, M.A. *7 Strategies for Developing Capable Students.* Rocklin, CA: Prima Publishing, 1998.

Common sense approach to helping our children become capable, significant young people who know how to think and made good decisions. The authors provide many encouraging words and practical tools for developing responsibility, self-discipline and communication skills in children.

Keirsey, David and Marilyn Bates. *Please Understand Me: Character and Temperament Types.* Del Mar, CA: Prometheus, Nemesis, 1978.

This book provides a fascinating look at personality type and temperament. You'll discover how your temperament affects your success in relationships, careers, and life in general.

Kohn, Alfie. *The Schools Our Children Deserve: Moving Beyond Traditional Classrooms and "Tougher Standards".* NY: Houghton Mifflin, 1999.

An ambitious and provocative vision of how our schools should be rethinking our most basic assumptions about schooling.

Schultz, Thom and Joani. *The Dirt on Learning: Groundbreaking Tools to Grow Faith in Your Church.* CO: Group Publishing, 1999.

Fresh, practical insights and learning style strategies that can revolutionize how you teach and lead children, youth and adults.

Tobias, Cynthia Ulrich. *Do You Know What I Like About You? Jump Starting Virtues and Values in Your Children.* Ann Arbor, MI: Vine Books, 1997.

A celebration of the ways in which we as adults deal with children in our lives. This collection of narrative, photographs and poetry will surely touch and inspire hearts and minds.

Tobias, Cynthia Ulrich. *Every Child Can Succeed: Making the Most of Your Child's Learning Style.* Colorado Springs, CO: Focus on the Family, 1995.

This book is filled with practical ideas for applying learning styles to motivation, discipline, and much more. Copyright-free profiles contained in the appendix can help parents and children record and summarize style strengths for every teacher.

Tobias, Cynthia Ulrich. *I Hate School! How to Help Your Child Love Learning.* Grand Rapids, MI: Zondervan, 2004.

Dozens of practical strategies for helping your child succeed in school by focusing on strengths and taking charge of his or her own success. Features a special section for homeschool parents.

Tobias, Cynthia Ulrich and Sue Chan Acuña. *Middle School: The Inside Story—What Kids Tell Us But Don't Tell You.* Colorado Springs: Focus on the Family/Tyndale, 2014.

Direct quotes and real-life anecdotes along with fresh insights into understanding and bringing out the best in middle schoolers (ages 10-14).

Tobias, Cynthia Ulrich. *The Way They Learn: How To Discover and Teach to Your Child's Strengths.* Colorado Springs, CO: Focus on the Family, 1994.

An international best-seller, this entertaining and practical book should be required reading for any parent or teacher who truly wants to help their children succeed. These concepts are powerful tools for bringing out the best in every child.

Tobias, Cynthia Ulrich. *The Way We Work: A Practical Approach for Dealing With People on the Job.* Colorado Springs, CO: Focus on the Family Publishing, 1995.

An enlightening and easy-to-read resource for developing efficient communication with those with whom you work. This is a powerful plan for transforming your on-the-job relationships!

Tobias, Cynthia Ulrich. *You Can't Make Me! (But I Can Be Persuaded): Strategies for Bringing Out the Best in Your Strong-Willed Child.* Colorado Springs: Waterbrook Press, 1999, 2012.

Packed with immediately useful strategies to drastically reduce the level of tension in the home or classroom, this book shows you how you can start today to build a stronger, more positive relationship with you Strong-Willed Child without letting go of accountability or accepting excuses for bad behavior.

Witkin, Herman A. "Cognitive Styles in the Educational Setting" *New York University Education Quarterly*, 1977, pp 14-20.

Witkin, H.A., Moore, C.A., Goodenough, D.R., and Cox, P.W. "Field Dependent and Field-Independent Cognitive Styles and Their Educational Implications" *Review of Educational Research*. Winter 1977, Vol. 47 #1, pp 1-64.

Two of the cornerstone articles by researcher Herman Witkin, laying out the foundation on his research model.

