

Strong-Willed Child (SWC) Emergency Kit

Quick Steps for Avoiding a Meltdown



1. Back Off.

Get some space between you and the SWC to gain some perspective.

2. What's the Point?

Is there another way for the SWC to accomplish the goal?

3. Be Honest.

Shoot straight with the SWC and ask for a do-over if necessary.

For more details and immediately useful tips, read:

You Can't Make Me (But I Can Be Persuaded), Revised and Updated Edition:
Strategies for Bringing Out the Best in Your Strong-Willed Child [Paperback]
by Cynthia Ulrich Tobias, Waterbrook Publishing.

