

## Strategies for Bringing Out the Best in Your Toddlers and Preschoolers



- ◆ Smile at me more often.
- ◆ Speak to me respectfully, but firmly.
- ◆ Don't let me push you around—but don't push me around, either.
- ◆ Choose your battles—don't make everything an issue.
- ◆ Remove as much temptation as possible, especially if you have to constantly tell me "no".
- ◆ Lighten up—keep your sense of humor.
- ◆ Get a backup for the times you just need to give in to sheer exhaustion.
- ◆ Give me some control over my own life and circumstances.
- ◆ Let me make mistakes while I am still as small as the price tags.
- ◆ Remind me again how much you love me.

